



United States Department of State

Washington, D.C. 20520

January 12, 2023

MEMORANDUM

TO: All Employees

FROM: L/EFD

SUBJECT: Seeking Employment and Post-Government Restrictions

This is a summary of the ethics rules that you need to know during your job search and after you leave U.S. Government service. It describes: (1) restrictions that apply before you leave Government; (2) restrictions that apply after you leave Government; (3) additional considerations. If you have any questions, either before or after you leave Government service, please contact EthicsAttorneyMailbox@state.gov

1. Before You Leave Government

Basic Rule: If you are seeking a job with a non-federal employer, you cannot work on particular matters that affect that employer. Federal law prohibits you from working on particular matters¹ that will directly affect your financial interests or the financial interests of a non-federal employer with whom you are “seeking employment.” This rule applies to “seeking employment” with any non-federal employer, whether a private company, an NGO, an international organization, etc.

When does it begin and end?

The restriction begins when you start “seeking employment” with a non-federal employer. You begin “seeking employment” the moment you send a resume to an employer, receive a job offer, ask to be considered for a job, are

¹ A “particular matter” is a matter that is focused on the interests of specific persons or a discrete and identifiable class of persons. For example, it would include a contract, visa, grant, license, permit, or other matter that is narrowly focused on the rights and responsibilities of specific parties. Legislation and policy-making that is narrowly focused on the interests of a discrete and identifiable industry or class of persons can also be a particular matter. A policy decision is **not** a particular matter if it is directed to the interests of a large and diverse group of persons.

contacted by a potential employer about employment and respond in any way other than a rejection, or have any other employment-related contact with a potential employer (other than to request an application). You are “seeking employment” until you or the non-federal employer clearly rejects the possibility of employment and all discussions of potential employment have ended, or two months have passed since you sent an unsolicited resume or application and you have not received any indication of interest from the potential employer. If in response to an employment inquiry you merely postpone the discussion for the foreseeable future, you have not rejected the possibility of employment and are still “seeking employment” with that entity.

What do I need to file?

Most employees do not need to file anything when they start to seek employment. You are only required to file a notice if you submit an annual OGE 278e financial disclosure report (*see* STOCK Act guidance below, p.12) or if you work in procurement. However, it is generally prudent to inform your supervisor about potential recusals; and you should inform your supervisor if there are any duties from which you must, or are likely to have to, recuse yourself. The best practice is to save a memo or email showing that your supervisor and any other relevant parties were informed of the conflict.

What do procurement officials need to file?

There are additional restrictions for procurement officials. If you are participating “personally and substantially” in an acquisition for a contract that is worth more than the simplified acquisition threshold (generally \$150,000, see FAR 2.101(b)(2)),² you must promptly report any contact you have with a bidder or offeror (or its intermediary) on that acquisition regarding possible employment. This rule applies regardless of whether the bidder/offeror reached out to you or you reached out to the bidder/offeror (e.g., by sending in a resume or requesting an interview). You should file a written report (“contact report”) about that contact with (1) your supervisor, and (2) L/EFD. You need to submit this report even if you immediately tell the bidder/offeror that you are not interested in the job or the bidder/offeror immediately rejects you.

² Such participation includes drafting, reviewing, or approving the specification or statement of work; preparing/developing the solicitation; evaluating bids/proposals; selecting a source, negotiating price terms and conditions; and reviewing or approving the award.

If you do not reject the bidder/offeror's overture or if you otherwise continue seeking employment with a bidder/offeror, then you may not work personally and substantially on the procurement until you are authorized to do so by the Department. In addition to filing the contact report, you must file a written disqualification memorandum with (1) the contracting officer, (2) the source selection authority (if other than the contracting officer), and (3) your immediate supervisor. The disqualification memorandum must, at a minimum (1) identify the procurement, (2) describe the nature of and approximate dates of your participation in the procurement, and (3) identify the bidder/offeror and its interest in the procurement.

Even after any employment discussions come to an end, you must remain disqualified from personal and substantial work on the procurement until the head of the contracting activity (HCA) *specifically authorizes* you to resume work on it. The HCA may authorize you to resume work on the procurement if all discussions with the bidder/offeror about possible employment have terminated without any arrangement for employment or if the contractor is no longer a bidder/offeror in the procurement. After consulting with L/EFD, the HCA will decide whether you may immediately resume participating in the procurement or whether an additional period of disqualification is necessary to protect the integrity of the procurement process.

Can I get a waiver of my recusal obligations?

Waivers are available only in extremely limited circumstances. For example, if you are seeking or negotiating for employment with an international organization, the Office of the Legal Adviser may determine that your interest in obtaining the job is not likely to affect the performance of your official duties and may grant a waiver allowing you to continue to work on matters concerning the prospective employer.³ For more information on waivers, please contact L/EFD. Before a waiver can be granted, the Department of State is required to consult with the Office of Government Ethics, a separate Government agency. Please ensure that you allow ample time for this lengthy process.

³ Waivers may be limited, so you may still have to recuse from certain matters affecting the interests of the organization.

Can I accept interview expenses from a prospective employer while still employed at the Department of State?

Assuming that, as described above, you are recusing as necessary from particular matters affecting the interests of a prospective employer, you may generally accept from that prospective employer expenses customarily provided in connection with bona fide employment discussions (e.g., reasonable travel and lodging for an interview). You may generally not accept such expenses if the prospective employer is a foreign government or an international organization of which a foreign government is a member, and you should consult L/EFD on whether certain exceptions apply.

2. After You Leave the Federal Government

There are four sources of post-Government restrictions (1) a federal statute concerning post-Government restrictions; (2) the Administration's Ethics Pledge; (3) the Procurement Integrity Act; and (4) a federal statute that forbids you from sharing in certain types of compensation.

A. 18 U.S.C. 207 (Post-Government Restrictions)

All employees:

Section 207 contains three restrictions that apply to all employees. The first two restrictions are only triggered if, after leaving U.S. Government service, you are appearing or communicating on behalf of⁴ another person and/or entity before the U.S. Government with the intent to influence a U.S. Government employee.

- **Lifetime Ban** – If, as a U.S. Government employee, you were personally and substantially involved in a particular matter involving specific parties, then you cannot ever act on behalf of anyone, other than the U.S., on that same particular matter when seeking official action from a U.S. department, agency, or court (as well as the President and Vice-President).

⁴ The prohibition is broader than formal representation and includes informal appearances and written or oral communications on behalf of another person/entity intended to influence U.S. Government actions. However, these restrictions do not apply to purely “behind-the-scenes” work where you render advice without interacting with the Government (and no communications are attributed to you by others who are interacting with the Government).

- **Two Year Ban** – If a particular matter involving specific parties was under your official responsibility⁵ during your last year of Government service, you cannot act on behalf of anyone, other than the U.S., on that same particular matter when seeking official action from a U.S. department, agency, or court (as well as the President and Vice-President). This prohibition lasts for two years from the day you leave Government service.

“Particular matter involving specific parties” is generally a specific proceeding affecting the legal rights of the parties or an isolatable transaction or related set of transactions between identified parties. It includes a specific contract, grant, license, enforcement action, or court case. Advocacy requests would also qualify, and even the decision to take a meeting with a group or accept an invitation to deliver a speech could qualify.

The third prohibition in 207 concerns privileged⁶ information you learned through certain trade or treaty negotiations.

- **One Year Ban (Treaties)** – If you were personally and substantially involved in ongoing⁷ trade or treaty negotiations during your last year of Government service, and you had access to privileged information, you may not, on the basis of that information, represent, aid, or advise any person (other than the U.S.) concerning those negotiations. Unlike the other restrictions in 207, this restriction applies even if you are not acting on behalf of someone else in communications with Government officials. Rather, it applies to representations, aid, **and** mere behind-the-scenes advice aimed at helping anyone, other than the U.S., with regard to ongoing trade or treaty negotiations.

⁵ “Ordinarily, the scope of an employee’s official responsibility is determined by those functions assigned by statute, regulation, Executive order, job description, or delegation of authority.” However, “[a]uthority to direct Government action concerning only ancillary or non-substantive aspects of a matter, such as budgeting, equal employment, scheduling, or format requirements does not, ordinarily, constitute official responsibility for the whole of the matter.” 5 C.F.R. § 2641.201.

⁶ Privileged information includes agency records that are classified or otherwise exempt from disclosure under the Freedom of Information Act (18 U.S.C. § 207(b)).

⁷ The restriction applies only if the negotiations were “ongoing” both at the time of your participation and at the time of the post-employment action.

“Senior employees”:

There are two additional restrictions in Section 207 that apply only to former “senior employees.” A senior employee is any employee with a *base salary* higher than \$ 183,467⁸ **or** who holds a position for which the pay is specified in or fixed according to the Executive Schedule.⁹ (Base salary *does not include* locality-based pay, bonuses, awards, and other similar adjustments.) If you are a Special Government Employee, you are “senior” if you worked more than 60 days during the past 365 days and your hourly or daily rate translates into an annual salary above the threshold. If you are a detailee to the Department under the Intergovernmental Personnel Act, you are “senior” if your total pay from Federal and non-Federal sources exceeds the threshold and certain other criteria are met.

- **One Year Ban (Foreign Governments)** – For the first year¹⁰ after you cease to be a senior employee, you may not represent, aid, or advise a foreign government¹¹ or foreign political party with the intent to influence a decision of an employee of a U.S. department or agency (as well as the President and Vice-President). Additionally, there is a one-year ban on representing, aiding, or advising foreign governments or political parties with the intent to influence members of Congress and Congressional employees. A foreign company is generally not considered to be part of a foreign government unless it is controlled by a foreign government and exercises the functions of a sovereign.

⁸ This threshold changes each year. The \$183,467 threshold is effective January 1, 2023. The threshold was \$176,201 for employment that terminated between January 2, 2022 and January 1, 2023. For the most recent threshold, see www.oge.gov.

⁹ Including Chiefs of Mission paid at an FA-13 or FA-14 level.

¹⁰ For Under Secretaries, Assistant Secretaries, and Ambassadors who are appointed by the President on or after April 23, 2023, a ban on representing, aiding, or advising a foreign entity “before an officer or employee of the executive branch of the United States with the intent to influence a decision of such officer or employee” applies for a three-year period after serving in such position and permanently with respect to China, Russia, Iran, North Korea, Cuba, and Syria; such a ban applies permanently with respect to all foreign entities for any Secretary or Deputy Secretary who is appointed on or after April 23, 2023. See Section 9215 of the James M. Inhofe National Defense Authorization Act for Fiscal Year 2023 (Public Law No. 117-263).

¹¹ For these purposes, “foreign government” includes factions, bodies of insurgents, tribal groups, and any other entity falling under the definition of “government of a foreign country” under section 1(e) of the Foreign Agent Registration Act.

- **Cooling-Off Period** – All former senior employees have a one-year cooling-off period.¹² During your cooling-off period, you may not make any communication to or appearance before a Department official to seek official action on behalf of any other person or entity. Such communications and appearances are also prohibited if made to officials of other agencies for which you worked during the one year before you ceased to be a “senior employee.” This restriction is very broad. It covers any contact that is on behalf of another when you are seeking official action. However, it does not apply to purely social contacts or contact concerning your own personal activities. It also does not apply if you are acting, as an employee, on behalf of a state or local government, an accredited institution of higher education, or a section 501(c)(3) non-profit hospital or medical research organization. The cooling-off period also does not apply to certain communications or appearances on behalf of candidates for federal or state office or for an authorized campaign committee or political party.

Can the Post-Government restrictions be waived?

You may seek a waiver if you are leaving the U.S. Government to work for an international organization in which the U.S. participates. To obtain a waiver, the Secretary of State must certify that the new employment activity is in the interests of the United States. Contact L/EFD or IO/MPR for more information.

Do these restrictions apply only to my contact with State? Or, do they apply to contact with other federal entities?

The lifetime and two-year restrictions on representation apply to appearances or communications on behalf of another person/entity before any U.S. department, agency, or court (and the President and Vice-President). The one-year ban concerning treaties applies to such appearances, communications, aid, or behind-the-scenes advice to anyone. The cooling-off period for senior employees applies only to contact with the Department of State (and other agencies you worked for in the past year). The one-year ban related to foreign governments/political parties applies to representations, aid, or behind-the-scenes advice with the intent to influence any U.S department or agency (and the President and Vice-President). The ban on representing, aiding, or advising

¹² A former Secretary of State, as a “very senior employee,” is subject to a two-year, somewhat broader cooling off period. See also discussion of the Biden ethics pledge below.

foreign governments/political parties also applies to work that is intended to influence members of Congress and Congressional employees.

B. Ethics Pledge (Lobbying Ban)

Some political appointees were asked to sign an ethics pledge by the Biden Administration when they joined the Department of State.¹³ That pledge contains a set of general commitments and some specific obligations. The general commitments include the following statement about employment after leaving government service:

“I commit to ethical choices of post-Government employment that do not raise the appearance that I have used my Government service for private gain, including by using confidential information acquired and relationships established for the benefit of future clients.”¹⁴

With respect to the post-government restrictions, there are several additional obligations in the Biden pledge you need to consider. First, if you are a “senior employee,” you agreed to a two-year “cooling off” period (as opposed to the one-year period discussed above) and have a similar restriction on communicating with the senior White House staff.¹⁵ Second, both “senior employees” and “very senior employees” (see fn. 11 above) are prohibited from certain “behind the scenes” work for a period of one year following the end of their appointment.¹⁶ Third, pledge signors have agreed not to engage in any “lobbying activities”¹⁷ with

¹³ Ethics Commitments by Executive Branch Personnel, January 20, 2021, Executive Order 13989. The Trump Administration had issued an ethics pledge applicable to employees on January 28, 2017, *see* Executive Order 13770, but President Trump revoked that Order on January 19, 2021, the day before he left office, stating that “[e]mployees and former employees subject to the[se]...commitments...will not be subject to those commitments after noon of January 20, 2021.” Executive Order 13983, Section 1. Former employees who signed the Obama Administration’s ethics pledge (Executive Order 13490) should consult L/EFD for advice about how those obligations may continue to apply.

¹⁴ Executive Order 13989, Preamble.

¹⁵ Executive Order 13989, para. 4.

¹⁶ “I agree that, in addition, for a period of 1 year following the end of my appointment, I will not materially assist others in making communications or appearances that I am prohibited from undertaking myself by (a) holding myself out as being available to engage in lobbying activities in support of any such communications or appearances; or (b) engaging in any such lobbying activities.” Executive Order 13989, para. 5. The Office of Government Ethics has published guidance interpreting this paragraph and the other post-employment restriction in the Pledge in its Legal Advisory 22-7 (Nov. 14, 2022).

¹⁷ “Lobbying activities” has the same meaning as that term has in the Lobbying Disclosure Act, 2 U.S.C. § 1602, except that the term does not include communicating or appearing with regard to: a judicial proceeding; a criminal or civil law enforcement inquiry, investigation, or proceeding; or any agency

respect to the President, the Vice President, any official in the Executive Office of the President, any Executive Schedule official (EL I-V), any uniformed officer at pay grade 0-7 or above, any non-career member of the Senior Executive Service (SES) and any Executive Branch official in the excepted service whose position has been determined to be of a confidential, policy-determining, policy-making or policy-advocating character (e.g., Schedule C appointees) for the remainder of the current Administration or two years following the end of the appointment, whichever is later.¹⁸ Fourth, pledge signors also agreed they will not engage in any activity on behalf of any foreign government or foreign political party that would require registration under the Foreign Agents Registration Act (FARA) for the same period, namely, the remainder of the current Administration or two years following the end of the appointment, whichever is later.¹⁹ Lastly, pledge signors have assented to enforcement of these provisions as binding and understand that the terms of the pledge are in addition to any statutory or other legal restrictions applicable by virtue of federal government service.²⁰

C. Procurement Integrity Act (PIA)

The PIA's post-Government restriction only applies if you were involved in certain procurement decisions or held certain positions with respect to a contract worth **more than \$10 million**. For the first year after you held a covered position or took a covered action on such a contract, you may not accept any compensation from a contractor involved in that contract.

Covered Positions – You held a covered position on a contract if:

At the time the contractor was selected or the contract was awarded, you served as (1) a member of the source selection evaluation board, (2) the procuring contracting officer, (3) the source selection authority, or (4) the chief of a financial or technical evaluation team; or

process for rulemaking, adjudication, or licensing, as defined in and governed by the Administrative Procedure Act, 5 U.S.C. § 551.

¹⁸ “Lobbying activities” has the same meaning in this context as it does for the five-year restriction on lobbying an appointee’s former agency.

¹⁹ “Foreign government” and “foreign political party,” are defined under the FARA, 22 U.S.C. § 611(e), (f). Only your post-Government employer or outside counsel can provide definitive advice on whether your activities require registration under FARA.

²⁰ Executive Order, para. 9

You served as (1) the administrative contracting officer, (2) the program manager (such as the COR), or (3) the deputy program manager (such as the Deputy COR).

Covered actions – You are similarly barred if you personally made for the U.S. Government a decision to:

(1) award a contract, subcontract, modification of a contract or subcontract, or a task order or delivery order in excess of \$10 million to that contractor; (2) establish overhead or other rates applicable to a contract or contracts for that contractor that are valued in excess of \$10 million; (3) approve issuance of a contract payment or payments in excess of \$10 million to that contractor; or (4) pay or settle a claim in excess of \$10 million with that contractor.

Is there an exception?

There is an exception that applies if the division/affiliate of the contractor offering you compensation is not the same division/affiliate that is connected to your procurement work. As long as the division/affiliate does not produce the same or similar products or services as the division/affiliate that was involved in the contract at issue, you may accept compensation from that division/affiliate. Please consult with L/EFD to determine if this exception applies.

D. 18 U.S.C. 203 (Shared Compensation)

Section 203 of title 18 prohibits you from sharing in certain types of compensation. Specifically, you cannot share in compensation from representational services that both (1) are connected to a matter in which the U.S. was a party or had a direct and substantial interest, and (2) were provided when you were still a U.S. Government employee. For example, an employee who leaves Government service to join a law firm may not accept any partnership share, bonus, or other payment that is calculated, in any part, based on fees received for representational services before the U.S. Government that were performed while that individual was still a U.S. Government employee.

This statute does not prohibit an employee from accepting a fixed salary. It only applies to shared compensation that reflects representational services. Also, this restriction will not apply if the company interacted with the Government on its own behalf, rather than while representing another.

3. Additional Considerations

A. Classified / Non-public Information

You may not disclose any classified or non-public information you acquired in Government service. Also, if you have had access to sensitive procurement information, federal law prohibits you from disclosing that information before the award of the contract to which the information relates.

B. Uniformed Services

If you are a retired member of the uniformed services, you may not accept employment with a foreign government unless you first obtain the approval of the Secretary of your former service. You must also receive approval from the Assistant Secretary for Political and Military Affairs. The procedures for obtaining approval are outlined in 22 CFR Part 3a.

C. Use of Government Title by Former Employees

The proper usage of Government titles by Ambassadors and Foreign Service Officers upon retirement is covered in 3 FAH-1 H-2439. *When using their former titles, these individuals must indicate that they are retired.*

D. Publications by Former Employees

Former employees with questions regarding publication or manuscript review can contact A/GIS/IPS at classification@state.gov.

E. Other Requirements

You must ensure that your future activities are in compliance with other legal requirements. For example, if you are an attorney, you should consult your local bar rules concerning your ethical obligations. If you will serve as the agent of a foreign principal, you must ensure that you comply with the Foreign Agents Registration Act (FARA).

F. Termination Financial Disclosure Report

If you are a Public Financial Disclosure Report (OGE 278e) filer, you must file a “termination” report within 30 days of leaving the U.S. Government through

Integrity.gov (<http://www.integrity.gov>). You can use any computer to do so; you do not need access to OpenNet. The advantage to Integrity.gov is that, if you are already a filer, you may pre-populate your termination report with data from a previous filing and simply update that information. Your report will be reviewed by your initial reviewer prior to being forwarded to our office for certification. Employees who file the Confidential Financial Disclosure Report (OGE Form 450) **are not** required to file a termination report.

In general, you should sign and date your termination report no earlier than your last day of service. However, you may sign and date your form up to two weeks before your termination date if you include the following commitment in the “comments” section:

“If I make any reportable changes to any financial holdings or accept any reportable gifts prior to the date I terminate my position, I will amend my report.”

Contact the L/EFD Financial Staff (lempfdfinancial@state.gov) prior to starting your termination report in Integrity. We will assist you in determining the correct due date to use if you plan on filing before your actual departure.

If you anticipate leaving your position within 90 days after the May 15 deadline for filing your “incumbent” (annual) OGE 278e, you may submit a combined incumbent/termination report if you request and receive the necessary extensions of the May 15 incumbent report filing deadline. The maximum number of days for an extension is 90. Our office **is not authorized** to grant any extensions beyond 90 days.

STOCK Act – Notification Requirement

The following guide is only for employees who file an OGE 278e Public Financial Disclosure Report. (OGE 450 Confidential Disclosure filers are not subject to this requirement.) Under the STOCK Act, all public filers must file a Negotiation Notice and Recusal Statement when entering into agreements or negotiations for post-Government employment or compensation with a non-federal entity. The following information is provided to help you understand this requirement. A sample Negotiation Notice and Recusal statement follows on page 14, and can also be found on MyData as DS-0278-A.

Q: When and where do I file the Notice?

A: File the Notice within 3 business days of starting negotiations or making an agreement for future employment or compensation. If you have already given notice of your negotiations with an entity, you do not need to file a Notice of the later agreement. Send the attached form to NegotiationNotice@state.gov or file the DS-0278-A through myData.

Q: What is a “negotiation?”

A: A “negotiation” begins when there is a two-way communication between you and a prospective employer that is aimed at reaching an agreement about employment.

Q: I remember from my ethics training that I have to recuse when I am seeking employment with an outside entity. Even if I simply send an unsolicited resume, it will constitute “seeking employment.” Do I have to submit a Notice when I am “seeking employment,” but we have not yet started the two-way communication aimed at reaching an agreement?

A: Good memory. While you do have to recuse with respect to an entity when seeking employment, you do not need to file this Notice until a two-way communication begins.

In these examples, you must recuse and file the Notice:

1. You have a conversation with a representative from Company Y. You discuss the duties of a position and your qualifications. She explains that she has not yet received authorization to hire a new person. However, she says that she will get back to you when she obtains the necessary approvals.
2. The CEO of a company states that she would like to look for a position for you within her company after you leave Government. You say you are interested. You discuss some general employment terms without nailing down specifics.
3. You receive a job offer from University X. The University asks you to start whenever you leave your current position. You agree.
4. You receive a job offer from Company Y. You agree on some details of the job without ironing out other details like stock options, leave, or the job title.

In these examples, you must recuse, but you do not need to file a Notice:

1. You send fifty unsolicited resumes to fifty different companies. You need to recuse from matters directly involving every company.
2. The CEO of a company states that she would like to look for a position for you in her company. You respond that you would like to think about it before talking further.
3. A friend offers you a job. You say, “No thanks, I am not looking right now. Ask me again in 6 months.”

In these examples, you do not have a filing or a recusal duty:

1. You update your resume.
2. You draft a cover letter for a job application. However, you do not send it.
3. You meet with a friend who works at Company Y. You ask him what the job climate is like there. You do not imply that you are looking for a job.
4. You review online notices of job openings.
5. A representative from Company Y offers you a job. You decline the offer.
6. You add your personal email address to a database so that you can be notified about openings at a specific company.
7. The CEO of a company offers you a position. You say, “Thank you, I am not interested in a new job. I will remember your interest if I ever decide to leave the Government.”

The Stop Trading on Congressional Knowledge Act (STOCK Act) requires all OGE 278e filers to submit a statement notifying their agency ethics official of any negotiation for or agreement of future employment or compensation with a non-federal entity within three business days after commencement of the negotiation or agreement. Employees who file this notification statement also must file a recusal statement. This form may be used for both statements. It may be sent to NegotiationNotice@State.gov or completed via myData (form DS-0278-A). Completed forms are sent to L/EFD, not to your supervisor.

NOTIFICATION OF POST-EMPLOYMENT NEGOTIATION OR AGREEMENT

Name of Employee	
Agency/Office	Department of State /
Date Negotiation or Agreement Commenced	
Name(s) of Non-Federal Entity or Entities	
Disclose each non-federal entity with which you are negotiating for or have an agreement of future employment or compensation.	

RECUSAL STATEMENT

For as long as I am negotiating for or have an agreement of employment or compensation with any entity listed above, I will not participate personally and substantially in any particular matter that has a direct and predictable effect on the financial interests of that entity, unless I first obtain a written waiver or an authorization consistent with 5 C.F.R. § 2635.605.

Employee Signature	Date Submitted